


High School Lunch Menu



	Monday <i>Vegetables of the Day: Broccoli or Carrots</i>	Tuesday <i>Vegetable of the Day: Corn</i>	Wednesday <i>Vegetables of the Day: Green Beans or Carrots</i>	Thursday <i>Vegetable of the Day:</i>	Friday <i>Vegetables of the Day: Peas or Carrots</i>
Week 1 <i>1/1/18 New Years Day Spring Break 3/26/18 thru 4/1/18</i>	<i>1/1 No School, 1/29, 2/26, 3/26 No School, 4/23, 5/21</i> Corn Dog Dipping Sauce	<i>1/2, 1/30, 2/27, 3/27 No School, 4/24, 5/22</i> JTM Beef Soft Taco Brown Rice Cheese & Black Beans	Regular Lunch \$2.90 <i>1/3, 1/31, 2/28, 3/28 No School, 4/25, 5/23</i> Grilled Hot Ham & Cheese Sandwich	<i>1/4, 2/1, 3/1, 3/29 No School, 4/26, 5/24</i> Oven Fried Chicken Drumstick w/ Biscuit Mashed Potatoes Sliced Zucchini	<i>1/5, 2/2, 3/2, 3/30 No School, 4/27, 5/25</i> Chicken Nuggets Dinner Roll Dipping Sauce Baked Beans
Week 2 <i>5/28 Memorial Day</i> 	<i>1/8, 2/5, 3/5, 4/2 No School, 4/30, 5/28 No School</i> Bbq Riblet Sandwich w/ Macaroni & Cheese	<i>1/9, 2/6, 3/6, 4/3, 5/1, 5/29</i> JTM Beef Taco in Bag Brown Rice Cheese & Black Beans	<i>1/10, 2/7, 3/7, 4/4, 5/2, 5/30</i> Country Steak w/ Gravy & Biscuit Mashed Potatoes	<i>1/11 2/8, 3/8, 4/5, 5/3, Last Day of School 5/31</i> French Bread Pizza Steamed Cauliflower	<i>1/12, 2/9, 3/9, 4/6, 5/4</i> Popcorn Chicken Dinner Roll Dipping Sauce Baked Beans
Week 3 <i>1/15 Martin Luther King Day</i>	<i>1/15 No School, 2/12, 3/12, 4/9, 5/7</i> Bbq Pulled Pork Sandwich w/ Macaroni & Cheese	<i>1/16, 2/13, 3/13, 4/10, 5/8</i> JTM Beef Soft Taco Brown Rice Cheese & Black Beans	<i>1/17, 2/14, 3/14, 4/11, 5/9</i> Buffalo Chicken Calzone	<i>1/18, 2/15, 3/15, 4/12, 5/10</i> Oven Fried Chicken Drumstick w/ Biscuit Mashed Potatoes Yellow Squash	<i>1/19, 2/16 No School, 3/16, 4/13, 5/11</i> Chicken Nuggets Dinner Roll Dipping Sauce Baked Beans
Week 4	<i>1/22, 2/19, No School 3/19, 4/16, 5/14</i> Cincy Cheese Steak Sandwich	<i>1/23, 2/20, 3/20, 4/17, 5/15</i> JTM Beef Taco in Bag Brown Rice Cheese & Black Beans	<i>1/24, 2/21, 3/21, 4/18, 5/16</i> Country Steak w/ Gravy & Biscuit Mashed Potatoes	<i>1/25, 2/22, 3/22, 4/19, 5/17</i> Grilled Cheese & Tomato Soup Brussel Sprouts	<i>1/26, 2/23, 3/23, 4/20, 5/18</i> Popcorn Chicken Dinner Roll Dipping Sauce Baked Beans
International Zone \$3.25	<i>Asian Tangerine or General Tso's Chicken w/ Rice</i>	<i>Latin Loaded Nachos w/ Beef and Cheese</i>	<i>Italian Meatball Hoagie or Spaghetti w/ Meatballs and WG Breadstick * Served w/ Breadstick</i>	<i>All American! Build-a-Burger Protein: Cheese Sauces: BBQ Cup, FF Ranch or FF Italian Your Choice of Veggies!</i>	<i>Cincinnati My Way Cheese Coney Chili Cheese Sandwich Chili Spaghetti Your Choice of Toppings!</i>

The menu is subject to change without notice due to price or availability of products.

This Institution is an equal opportunity employer.

Wolf Pack Café—Alternate Daily Offerings

All Meals include 2 side items fruit/vegetable and milk (must select 1/2 C. fruit or vegetable with to make a reimbursable meal).

Fruit & Vegetable includes fresh or canned fruit, romaine salad and hot or fresh vegetables in addition to the vegetable of the day.

Weekly vegetable offerings include choices from the dark green, red/orange, bean, starchy & 'other' groups.

Deli Fresh Selections 'dress your own' sandwiches

Choice of Meat
+
Choice of Cheese
+
Toppings:
Lettuce, Tomato, Cucumber,
Onion, Green Pepper,
Carrots,
Banana Peppers,
Jalapeno Peppers
+
Choice of Sauce
\$3.75

Chill Zone - Grab & Go

Deluxe Deli Wraps - Variety Daily
Deli Turkey/Ham & Cheese, Crispy or
Spicy Chicken & BLT
\$3.75

Deli Sandwich - Premade
Turkey/Ham & Cheese
\$2.90

Salads - Daily
Chef Salad - Greens w/
Cheese, deli turkey and ham
\$2.90

**Deluxe Fruit
and Yogurt Parfait**
w/ house made Honey
Granola
\$3.75

Deluxe Large Salads (Premade) Variety Daily
Greens w/ cheese, tomatoes, carrots, broccoli,
cauliflower and cucumbers
BLT, Chicken Salad : Spicy or Crispy
\$3.75

**Pbj Uncrustable, Cheese,
Sunflower Butter and Jelly
Sandwich**
\$2.90

Please make separate lunch checks payable to West Clermont Child Nutrition. In order to check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into www.spsezpay.com or check with Amy Uecker, at 513-943-7606. For more details regarding Child Nutrition, visit www.westcler.k12.oh.us

For comments or concerns about the lunch program, contact
Tiffany McCleese: mccl Reese_t2@westcler.org.
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Pizza, Sandwiches and Spuds
Hamburger or Cheeseburger **\$2.90**
Fish w/ Cheese Sandwich **\$2.90**
Specialty Pizza **\$3.25**
Nardone's Pizza (Cheese) **\$3.25**
Super Bosco Sticks **\$3.25**
Crispy Chicken Filet **\$3.75**
Spicy Chicken **\$3.25**

School Lunch Prices

Regular Meal: \$2.90
Items on Menu, Burgers, Fish w/ Cheese Sandwich
Extra Entrée: \$2.30

Grab & Go Regular Meal: \$2.90
Premade Deli Sandwich, PBJ Uncrustable, Cheese or Sunflower Butter and Jelly Sandwich
Extra Entrée: \$2.30

Super Meal: \$3.25
Specialty Pizza, Nardone's Pizza, Bosco Sticks, Spicy Chicken Sandwich
Deluxe Meal: \$3.75
Chicken Filet Sandwich, Deli Sub Sandwich

Grab & Go Deluxe Meal: \$3.75
Premade Wraps, Premade Specialty Salads, Yogurt Parfait

Reduced Price Meal \$0.40
Milk \$0.50
Milk Includes:
fat-free white, fat-free Strawberry or fat-free Chocolate

Adult Meal Pricing:
Regular Meal \$3.45, Super Meal \$3.85, Deluxe Meal \$4.25